

Katie Holmes Goes Back to Work on Film About Single Mom



Katie Holmes is taking no time after her split from Tom Cruise to get back to her career. Holmes, who filed for divorce from Cruise last week, is set to work on a new film, *Molly*, about a single mother and her daughter, according to [People](#). Holmes co-wrote and is co-producing the film, which will be filming in New York City, where Holmes lives with her daughter Suri.

How can going back to work help you cope with a split?

Cupid's Advice:

Breaking up is tough stuff. Sometimes finding yourself deep in your work can help you out. Here are some ways going back to work can help you cope with a split:

1. Distractions: You can't be constantly moping about and missing your partner if you're focusing on projects and business. Use your work as a distraction, and you may find yourself not even thinking about the breakup after work.

2. Catharsis: Just like exercising when you're angry, working hard after a split can be relieving. You'll feel accomplished and important, and won't care about what your ex thinks of you.

3. Opportunities: Being single gives you the chance to be selfish for the first time in a while. Got a chance to move across the country for a promotion? No one's holding you back now. Go ahead and take it.

What are some ways going back to work can help you cope with a split? Let us know below.