

# How Snooki Knew Jionni LaValle Was ‘The One’



Nicole “Snooki”

Polizzi and Jionni LaValle are expecting their first child together come September, but before the baby came love. The soon-to-be parents have had their good times and bad times, as seen on *Jersey Shore*, but they have overcome it all because Polizzi believes LaValle is “the one.” She tells [People](#), “When people find the one they love, they feel like their spouse is their best friend and their lover. That’s how you know you’ve found your soul-mate, and I’ve never had that with anyone except Jionni, so I put two and two together and figured he’s definitely the one.” Although the couple is starting a family a bit before they expected, they are overjoyed to be having a baby boy and look forward to eventually being married.

**How do you know when you’ve found “the one”?**

**Cupid’s Advice:**

Finding love doesn't necessarily mean finding "the one," or else we all would have married our high school sweethearts. Here are some ways to tell the difference between your right now and your forever:

**1. You are best friends:** Sure, you have your girlfriends and he has his guy friends, but there should be a special place in your heart for your partner as not only a lover, but a friend. If your partner is "the one," you should be able to tell them your deepest darkest secrets and let yourself feel vulnerable.

**2. You can be yourself:** There is nothing worse than pretending to be someone you're not, or your partner expecting you to be something you are not. If you feel comfortable around your partner, can let loose and share your most embarrassing moments with them and still feel the utmost love for one another, you are most likely meant to be.

**3. You both want the same things:** If you think you have found "the one," but then cannot agree on whether you want kids or not, you may want to rethink your relationship. Find someone who shares your dreams, or at the very least, understands your dreams and wants you to follow them.

**How can you tell you are dating "the one?" Tell us below.**