# 3 Ways to Know He's Just "That Into You!"

Cupid's Pulse
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By Dr. Tranquility – Lydia Belton, PhD, Ct. H.A.

Once you're in a relationship, it can be hard to tell if you and your partner are on the same page as far as your wants and needs for the future. You may question the strength of his feelings toward you, even if he's quick to say, "I love you." It's one thing to take a first date and move it into a relationship, but how do you know when your partner is ready to move even further forward?

As a woman, you most likely want more time and more involvement from your mate. You're ready for a commitment, whether that means moving in together or perhaps marriage. Regardless, the bottom line is that your relationship now comes with a view to the future as opposed to plodding along day-by-day. It's time to connect in a way that you can't put into words, so here are three ways to know he really *is* "all

that into you”:

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**1. He can’t bear to be without you.**

If you find your partner refusing to go a day without talking to you and he is always making future plans, he’s probably feeling that his life isn’t complete without you. If you want a celebrity comparison, think Matt Lanter and Angela Stacy. The *90210* star just popped the question to Stacy in June, and the two have nothing but smiles on their faces.

**2. He invites you to travel with him.**

When a man invites you on a trip with him, he wants to spend quality time with you. The fact is, men don’t invite women they won’t want to be with to travel with them. Think Blake Lively and Ryan Reynolds in this situation. The two have been spotted all over the world, even in Vancouver where Lively met Reynold’s family.

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**3. He’s showing more than lust after the third date.**

After the third date, if communication between you is still great, he should be making a point to create a space for communication and bonding. Despite the spanx and Victoria’s Secret lingerie, he is ready for emotional intimacy and no distractions. Just look at the happiness that Joshua Jackson and Diane Kruger bring to the celebrity world. Although the pair are notoriously private about their relationship, you can tell they’re in love even when they’re not all over each other in public.

So, if your beau seems to fit the above characteristics, chances are that you don’t have to question his feelings about you. Although they may not be able to overtly express their

feelings the way that you do, it’s time to let loose and trust his motives. It’s time to go all in and see what happens!

*Developed by Lydia Belton PhD, Ct.H.A. of DrTranquility.com, Date Therapy® is an effective protocol that helps people get in touch with their criteria for an ideal mate. DrTranquility’s protocols® have been featured most recently on Forbes.com & Yahoo, ABCNEWS.com, ABC’s the View, KISS FM, CupidsPulse.com, Metromix for the Chicago Tribune, British Glamour, REDBOOK, Cosmopolitan Magazine & promoted by Match.com.*