

# Knicks Star Amar'e Stoudemire Proposes to Longtime Girlfriend



New York Knicks ballplayer Amar'e Stoudemire popped the question to girlfriend-turned-fiancée Alexis Welch in Paris on Saturday night. The six-time NBA All-Star surprised his lovely lady with a dinner after spending the day taking a private, historical tour of the city. While overlooking the famed Eiffel Tower lights, Stoudemire proceeded to propose with an 8.5-carat million dollar ring that he personally designed with the help of celebrity jeweler Shayan Afshar. Stoudemire did not waste a second spreading his exciting news, telling [People](#) from Paris, "I have been planning my proposal for a while and overlooking the entire Paris skyline seemed like a perfect place. I am so happy she said 'yes,' and now we can continue to build our life together as husband and wife." The two have had three children together since they met in

2002 and plan to marry sometime next year.

**What are some important things to keep in mind while planning a proposal?**

**Cupid's Advice:**

Proposing to your significant other is something anyone in a relationship wants to play out perfectly. Here are some tips to keep in mind while planning your proposal to make it as memorable as possible:

**1. Speak from the heart:** Explaining why you want to marry her should come naturally and easily. Avoid memorizing lines, which can cause you to stumble over your words.

**2. Intimate setting:** The location should reflect the mood of your proposal. A romantic and private setting will make her feel like she is the only one in the world that matters.

**3. Comfortable environment:** Find a spot where both you and your love can both be calm enough to share the special moment. An uncomfortable environment can lead to nervousness, which should always be avoided.

**What do you think is important to remember when planning a proposal? Share your thoughts with us.**