Jason Trawick Films Congratulations Video for Britney Spears





While Britney Spears

has been busy filming auditions as a new *X Factor* judge, her fiancé Jason Trawick was filming a little project himself. *People* reports that Trawick sent a loving and congratulatory video to Spears while in Texas. The message, which he made in bed, said, "Princess, we just completed our first weekend in Austin on *X Factor*. Just wanted to say I'm very proud of you and I love you so much. Congratulations." Spears surely appreciated the sentiment, as she took to Facebook to reply by writing, "Awww love you too Xoxo."

How do you support your partner in his or her career?

Cupid's Advice:

It's important to support your partner in their career because their job is part of what makes them who they are. If you follow these tips, your partner could never complain that you're not supportive enough:

- 1. Always tell your partner you're proud: Every career comes with obstacles and challenges. Therefore, tell your partner how proud you are of them not only when they achieve bonuses or promotions, but often. Encouragement is key.
- 2. Celebrate the milestones: Celebrate all of the moments in your partners' career where they have achieved something. It could be anything from their first presentation to becoming CEO. Just make them feel special and deserving by making dinner or taking them out for drinks.
- **3. Create a relaxing environment:** Stress and careers often go hand-in-hand. Support your partners' career by giving the occasional massage so that stress never gets in the way of them performing to their full potential in their job.

How do you support your partner in his or her career? Tell us below.