

# Amy Poehler & Will Arnett Welcome Another Son



Amy Poehler and Will Arnett welcomed their second son, Abel James Arnett, weighing 7 lbs., 13 oz. on Friday morning, adding to their growing family. Their first son, Archie, will be turning two this October. Their rep told [People](#), “Amy, Will, Abel and Archie are all healthy and resting comfortably.”

**How do you prepare your older children for a new baby in the family?**

## **Cupid's Advice:**

There are several ways to make your current child(ren) comfortable around new arrivals, starting while you're still

pregnant, or thinking of becoming pregnant. Read what Cupid has to say:

**1. Talk to your kids:** Early in the pregnancy, or if possible, before you become pregnant, sit down with your family and explain the coming changes. Be prepared for questions by checking out sites like Kid's Health.

**2. Classes:** Many hospitals and birthing centers offer free or low cost big brother/sister classes. They'll help your little ones learn how to interact with the new baby. Your children can even learn how to change a diaper!

**3. Spend time with older kids:** If you don't have much time to give, focus on the quality of that time. Make sure they know that you still love them.