

Is That You, Mr. Right?



By Melissa Caballero

Is there such a thing as 'Mr. Right?' Hollywood and the movie producers have made us to believe so! It is very difficult to sift through reality and sweep our fantasies under the rug when it comes to our own personal love lives. We watch our favorite female celebrities being lifted off their feet (many times) on the big screen while riding off into the night hand-in-hand with a George Clooney or Zac Efron while we are left drooling and fantasizing about our own love story. We leave the movie theater captivated by this notion of 'Mr. Right,' and we're deceived by love more than ever. Let's take a look at a few important factors to keep in mind when aiming to find your 'Mr. Right':

1. Reality vs. the big screen. It's important to take the concept of 'Mr. Right' off of a pedestal. While finding love is a wonderful thing and we are creatures who were made to share this emotion, the reality of how love can exist escapes us. We take mental notes while watching movies and make bullet points of all the things we think are important to find in a man, ultimately fabricating in our minds this person we call 'Mr. Right.' We all need to accept that love comes in many different shapes and sizes and usually in the most unexpected places. These places are often times not found in the movies. Keep an open mind, and you may find yourself pleasantly surprised by what comes your way.

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2. The man resume. When you're dating or analyzing the relationship you are already in, we all have a set of standards and guidelines. However, if you only like his qualities because they look good on paper, you may get caught up in thinking he is "the one." We get so wrapped up in the fantasies we have created for ourselves that we forget to see him for who he really is instead of someone you may or may not be able to grow with in the future.

3. Love yourself. You are the most important person, so be right for yourself first. Finding the right man will not make you happy in the long run, despite what you may think. A man will not fill the voids in your life, so that's why it's essential to love who you are inside and out, alone or in a relationship. Whether your physical appearance has you troubled or you find yourself wishing you went back to school for another degree; go out and do something about it! Once you embrace yourself for everything you are, you will shine, and that is sexy to any guy.

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4. Never settle. You should never feel that you have to modify

yourself in order to fit the needs of any man. If you are not being yourself in an effort not to lose him, it will start to catch up to you and cause an eruption of frustration and unhappiness. While a man may not be able to fill our internal voids, he should be encouraging you to be yourself, and no conflicts should arise because of it. In the beginning of a relationship, those couples that are right for each other will come across far less problems and issues. And, even when you do face troubles, getting out of it will be must faster. When you find the right person to share your life with, they will only enhance your true self.

What do you look for when searching for 'Mr. Right?' Share your comments below.