

# Ben Affleck Calls Jennifer Garner a 'World Class Mom'



Ben Affleck took to social media to wish his wife, Jennifer Garner, a happy Mother's Day. Affleck, 39, posted a video on his Facebook page advocating for women raising children in the Democratic Republic of the Congo, reports [People](#). Affleck founded a nonprofit, the Eastern Congo Initiative, in 2010, and is almost as dedicated to the charity as he is to his family. "I want to say Happy Mother's Day to the moms in my life: my mom Chris and my amazing wife Jennifer, who is an incredible, spectacular, world-class mom," said Affleck in the video. "[Being a mother is] the hardest job that there is, every single day."

**What are some ways to thank your partner for being a good parent?**

## **Cupid's Advice:**

Though Mother's Day has passed, there are still plenty of opportunities to show appreciation for your partner's good parenting. Here are a few ideas:

**1. Spa day:** Parenting can often be very stressful, so try rewarding your partner with a gift certificate for a day at the spa. Your partner will come home feeling relaxed and grateful.

**2. Take turns:** If your partner provides most of the childcare on a day-to-day basis, try switching it up. When possible, take the kids for a day, and let your partner enjoy their newly found free time.

**3. Enlist the children's' help:** Being a parent is often a reward in itself. Enlist your children to make a heartfelt card or art project for your partner. Your partner will appreciate the gift, and your kids will have fun making it.

**How do you thank your partner for their parenting skills? Feel free to leave a comment below.**