

Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child



Actress Maggie

Gyllenhaal and her actor husband Peter Sarsgaard welcomed their second daughter to the family on Thursday, according to [People](#). Gloria Ray joins sister Ramona, 5. The actors, who wed in 2009, announced the pregnancy in November and the gender in March. "I find it difficult to pretend you're not pregnant, which I had to do," Gyllenhaal said. "I didn't let anyone know until three and a half months this time."

How do you keep your pregnancy a secret?

Cupid's Advice:

Sometimes it's best to keep your pregnancy on the down low until you know everything is going smoothly and there are no complications. Cupid has some tips:

1. Wear baggy clothes: The most obviously way to keep your secret is to disguise your baby bump. You can do this with over-sized shirts and baggy dresses.

2. Swear those who know to secrecy: Word of mouth travels quickly, so make sure your partner and anyone else close to you keeps their mouths shut when it comes to your pregnancy.

3. Keep the ultrasound in a safe place: You may be tempted to hang your ultrasound on the fridge, but for now, hide it in case anyone drops by your home.

What are some other ways to keep your pregnancy a secret? Share your thoughts below.