

Backstreet Boy A.J. McLean Prepares to Welcome a Baby

Backstreet's back, alright! This time, it's A.J. McLean who's making news as he recently got hitched and is preparing to welcome a baby with wife Rochelle, according to [People](#). The tattooed twosome were wed in December 2011 in Beverly Hills and moved to the Valley soon after so they'd have room to raise a family. Via Youtube, McLean made his big baby announcement: "Because we love you all so much, we wanted to share with you – for the first time – something very special. We're having a baby!"

What are some lifestyle changes to make before having a baby?

Cupid's Advice:

Having a baby is nothing to step into lightly, as there are some major life changes you need to make before welcoming your child to the family. Cupid has some tips:

- 1. Baby proof:** The most obvious changes you need to make before having a baby involve your surroundings. It's important to baby proof all of the outlets in your home and to create a living space especially for the young.
- 2. Be happy at home:** Perhaps you're used to hitting the town with your partner on a nightly basis. This will most likely have to change once you have a baby, so it's best to learn how to be happy at home before you give birth.
- 3. Work as a team:** If you've never had a pet or other kids, it's possible you've never had to work closely with your partner toward a common goal. As a way to ease into motherhood/fatherhood, consider adopting a dog. Raising a pet

is certainly not the same as a child, but it'll point you in the right direction.

What are some other lifestyle changes that need to be made before having a child? Share your thoughts below.