

Giuliana and Bill Rancic Are Expecting a Child



E! News cohost, Giuliana Rancic, 37, and hubby, Bill Rancic, 40, are expecting their first child. After struggling with infertility, miscarriage, and cancer the couple are using a surrogate mother. According to [People](#), the little bundle of joy is due in late summer and the Rancis are keeping the baby's gender a secret. Congratulations, Giuliana and Bill!

Cupid's Advice:

How do you bond with your baby if you didn't carry him/her?

Carrying a baby for nine months is a bonding experience that many mothers who use a gestational carrier miss out on. Check out some alternative ways to bond with your newborn:

- 1. The power of touch:** After bath time, gently massage your

new addition with baby oil. You can even look up some baby and parent massage classes that are dedicated to bonding.

2. Tummy time: Tummy time is important for your little one's muscle strength and it's a great way for you to have face-to-face contact with your newborn.

3. Swaddle: Swaddling reminds your baby of his/her time spent in the womb. It is extremely calming and can be easily recreated with a blanket.

How have you bonded with your baby if you didn't carry him/her? Share your comments below.