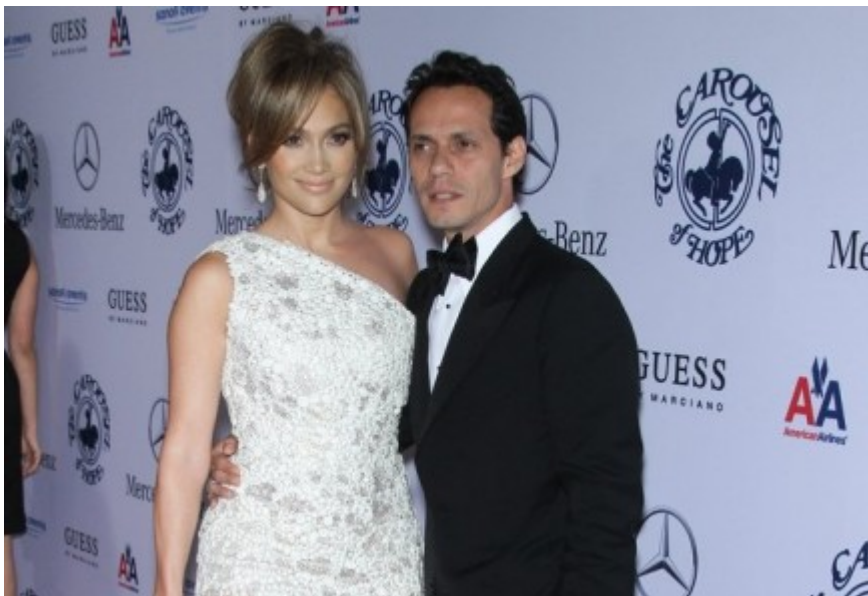


Marc Anthony Officially Files for Divorce from Jennifer Lopez



After publicly announcing their split in July, Marc Anthony has finally filed for divorce from Jennifer Lopez at the Los Angeles Superior Court. Regardless of the ex couple's "irreconcilable differences," they continue to work together on their Latin music and dance competition series, *Q'Viva! The Chosen*. The separation date of Anthony, 43, and Lopez, 42, still remains to be determined, but Anthony has requested legal and physical custody of their twins Max and Emme, 4.

How do you know when it's time to turn a separation into a divorce?

Cupid's Advice:

A divorce isn't an easy thing to go through, but sometimes

there's nothing else you can do to save a relationship. Here are some ways when you know it's time to really call it quits:

1. Continuing to argue: During a separation, you should both have your space, but continue to work on things at the same time. If you're still arguing and fighting with each other, then maybe things really won't work out in the end.

2. For the kids: A separation is tough for the kids, but you can't continue to play with their emotions. Kids need a stable family and lifestyle, so if you can't come together as a family, decisions need to be made to establish your separate lives rather than continue to confuse them.

3. You're just not happy: During a separation, you should be able to have some time to figure out what you really want and what's important in life. Do what makes you happy, and if you're happier being separated from your spouse, then maybe its time to make the separation real and move on.

When do you think it's time to move from a separation to a divorce? Share your opinions below.