

# Demi Lovato Denies Rumors She's Getting Back Together with Joe Jonas



☒ Demi Lovato and Joe Jonas are back together, but only for Acuvue's 1-Day Starts Today Contest. According to [UsMagazine.com](http://UsMagazine.com), the former couple joined Allyson Felix, Meaghan Martine and Tyler Blackburn to film promos for the brand at a private residence in Malibu on February 8th. Prior to the shoot, Lovato denied internet rumors about her and ex Jonas getting back together. "We've been really good friends for so long. So it's been cool hanging out with him again," said Lovato. She confirmed that "nothing romantic" was occurring. Jonas said, "I've been lucky to be able to work with a lot of great people in my life, two of whom are Demi and Meaghan. Any time we see them, it's like a family reunion. We have catch-up time and reminisce."

**How do you keep rumors from affecting your relationship?**

## **Cupid's Advice:**

Rumors are relationship killers. They are hard to avoid and are always harmful. Here are some tips on how to keep them from ruining your relationship:

**1. Tell the truth:** Being open and honest with your beau will keep you and your partner happy. When your sweetheart knows everything that is going on in your life, there is no need for them to get upset over rumors of you flirting with an old friend, when they know you caught up over ice cream.

**2. Be confident:** Don't let stories cloud your judgment. If you trust your partner, then believe what they say and push

the nonsense aside.

**3. Avoid unnecessary drama:** Avoiding situations that will create more rumors will help keep your relationship from being torn apart. Don't have a public argument. Instead, keep it inside so that the grapevine is not telling everyone you broke up.

**How do you stop rumors from affecting your relationship?  
Share your stories below.**