

# Shannen Doherty Says Married Life Is 'Phenomenal'



Shannen Doherty is chronicling her wedding planning process in a new reality show called *Shannen Says*, which premieres Tuesday, April 10, at 10 p.m. ET on WE tv. According to [People](#), the actress is truly enjoying life as a newlywed. "Things couldn't be better. Married life is amazing, and I can only say that because of my partner, because of Kurt," said Doherty. The actress has been married twice before, but both marriages were short-lived. "Marriage to me is such a gigantic commitment that it's not something I'd ever go into lightly anymore," she added. "I've learned my lesson."

**What changes do you need to prepare yourself for when you get married?**

**Cupid's Advice:**

Getting married is one of the biggest changes you will experience in your life. Here are some ways to prepare:

**1. Living together:** Living together first isn't a requirement, but it doesn't hurt to practice for marriage by cohabiting. You'll learn about each other's quirks and habits.

**2. Having a second half:** Marriage is a union that binds you to someone for better or for worse. You will always need to consult your partner before making any major decisions.

**3. Making time:** Spending quality time with your partner is important when dating, but it's even more important once you've tied the knot.

**Should marriage be considered a sacrifice? Share your opinion below.**