

Shannen Doherty Says Married Life Is 'Phenomenal'



Shannen Doherty is chronicling her wedding planning process in a new reality show called *Shannen Says*, which premieres Tuesday, April 10, at 10 p.m. ET on WE tv. According to [People](#), the actress is truly enjoying life as a newlywed. "Things couldn't be better. Married life is amazing, and I can only say that because of my partner, because of Kurt," said Doherty. The actress has been married twice before, but both marriages were short-lived. "Marriage to me is such a gigantic commitment that it's not something I'd ever go into lightly anymore," she added. "I've learned my lesson."

What changes do you need to prepare yourself for when you get married?

Cupid's Advice:

Getting married is one of the biggest changes you will experience in your life. Here are some ways to prepare:

1. Living together: Living together first isn't a requirement, but it's doesn't hurt to practice for marriage by cohabiting. You'll learn about each other's quirks and habits.

2. Having a second half: Marriage is a union that binds you to someone for better or for worse. You will always need to consult your partner before making any major decisions.

3. Making time: Spending quality time with your partner is important when dating, but it's even more important once you've tied the knot.

Should marriage be considered a sacrifice? Share your opinion below.