

# Sources Shoot Down Rumors that Kate Middleton Is Pregnant



Although Prince William and Kate Middleton will be celebrating their first wedding anniversary, they will not be planning any baby showers just yet. According to [UsMagazine.com](http://UsMagazine.com), "Kate is not pregnant or about to make a pregnancy announcement." Rumors surfaced in November, when she refused peanut paste in Denmark. Peanut paste is often off limits to pregnant women to prevent allergies for their babies-to-be. Middleton was seen sipping sherry on St. Patrick's Day and was skiing in France in the past few weeks. Overall, a witness says, "They looked very happy together."

**How do you know when it's time to start a family with your**

**significant other?**

**Cupid's Advice:**

Starting a family is a major step to take with your significant other. Here are a few tips to know when you're ready:

**1. You're settled:** When you and your man are comfortable and have fallen into a routine with one another and you're looking for something new, it's time to start talking about bringing a new life into the picture. Having jobs and a nice savings account won't hurt either.

**2 You have a home:** Having a warm and welcoming home is very important when bringing a baby into the picture. Being settled in a nice neighborhood with good schools will give you the chance to raise your child with safety, as well as compassion.

**3. It feels right:** Lastly, you will know it's time when you feel it. Everything will fall into place. Having the big talk with your lover should feel natural and exciting, not nerve wracking or uncomfortable.

**How did you know it was time to start a family? Share your stories below.**