

Blake Shelton Discusses 'Country's Hottest Guy' Title with Miranda Lambert



Country music

star Blake Shelton may have been named “Country’s Hottest Guy” by *People Country*, but he admits that he doesn’t often feel sexy. “Right now, I’m feeling sweaty and a little bit overweight and buzzed,” he said, according to [People](#).

However, his country superstar wife Miranda Lambert had a very different opinion on *The Voice* coach’s rugged good looks.

“He’s hot, I agree, but I see him at his best and his worst,” she said.

What do you do if your significant other gets hit on often by others?

Cupid’s Advice:

A healthy and happy relationship is always based on trust. No matter how desirable your partner is, as long as you trust them, you won't ever have to worry about anyone else coming into the picture. However, that isn't going to stop them from trying. Here are some ways to deal:

1. Talk it out: Be honest with your partner about your feelings, and they will be honest with you if they feel someone is coming on too strong.

2. Feel flattered: You landed your amazingly hot partner when others have tried and failed.

3. Don't think about it: When you stress about something, often your imagination can run away with you. Try to take a reality check whenever possible.

What are ways you can create trust in a relationship? Share your tips below.