

Renee Zellweger & Bradley Cooper Get Fit Together



Exercise for two?

We'll take it! Renee Zellweger and Bradley Cooper recently signed up for short-term memberships at The Aquatics Fitness Club in Cooper's hometown (Abington, Pa.), the [New York Post](#) reported last week.

What are some easy ways you can stay fit with your partner?

Cupid's Advice:

Trying to balance work, home, and exercise can be a workout all on its own. Read on for Cupid's easy ways to spend quality time with your lover while also getting in a workout:

1. Plan for it: Sit down each week with your planners in front of you and find free time during your lunch break to take a bike ride through the park together. If the weather's being uncooperative, find a place where you can exercise in a fun and unique way, such as trying your luck at indoor rock

climbing.

2. Make it a date: If you only have early or late hours free to work out together, check your area for 24 Hour Fitness Centers or similar businesses that offer round-the-clock fitness, or extended hours for night owls.

3. Take the plunge: Water sports are great for enjoying time together by providing closeness you just can't get from lifting weights! Venture outside the local pool and find places that offer outdoor water sports.