

Kim Kardashian Says Her Divorce Changed Her for the Better



Kim Kardashian wasn't married long, but her divorce has made all the difference in her life. According to TooFab.com, Kardashian saw her divorce with Kris Humphries as one of the "toughest" things she's had to go through. "It's changed who I am as a person, I think for the better, and the things that I care about in life have completely changed because of this," she said. "I really think everything happens for a reason." Apparently the split has changed the priorities in Kardashian's life.

What are some ways that divorce can help you grow?

Cupid's Advice:

Divorce is never an easy experience, but difficult situations can help you grow. Here's how:

1. Prioritize: Like Kardashian, divorce can make you reevaluate what you find important in life. Things that seemed critical may not seem so daunting after divorce.

2. Strength: Divorce can help you find strength from the most unlikely sources. Your family and closest friends will be important relationships in this challenging time. You'll also find strength in yourself that you might not have realized was there.

3. Love life: It may sound weird, but a split will ultimately help your love life grow. As you leave one unhealthy relationship, it leaves room for a healthier and more mature relationship in the future.

How has divorce helped you or a loved one grow? Share your thoughts below.