

Jennie Garth Says Her Personal Life is “Crazy” Amid Divorce



Jennie Garth

recently spoke out about her split from husband Peter Facinelli, according to [People](#). The former *90210* star said, “My life is a little hectic right now and my personal life is kind of crazy.” With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are “doing great”. The family (sans Facinelli) are currently filming CMT’s *Jennie Garth: Little Bit Country* in farmland outside L.A.

How do you protect your children from public scrutiny post-divorce?

Cupid’s Advice:

Splitting from a spouse is not only hard on you, but it's hard on your family as well, especially if you have kids. Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

1. Remain positive: The worst thing you can do is to bad mouth your former other half in front of your children. It's important to stay positive in front of your kids.

2. Explain: It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.

3. Act normal: You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

How did you protect your children amid your divorce? Share your comments below.