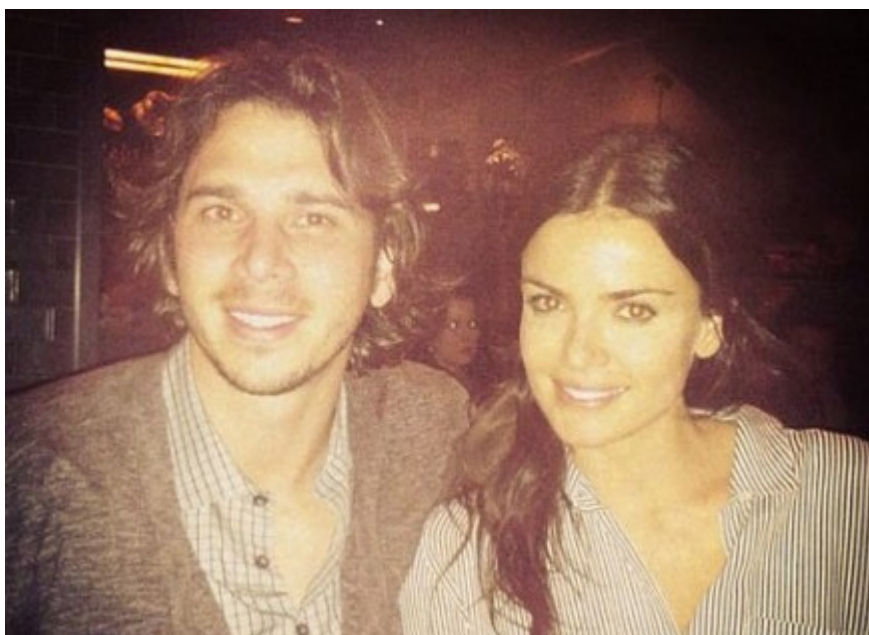


'Bachelor' Couple Ben Flajnik and Courtney Robertson Step Out for the First Time



It's been over a week since *Bachelor*, Ben Flajnik gave out the final rose and made his big proposal to Courtney Robertson. Since then, they've finally been able to make their first public outing together as a couple. Flajnik uploaded a picture to instagram of the two, captioning it "1st pic out in public." They were spotted having dinner with two other guests in the North Beach neighborhood of San Francisco and an onlooker told UsMagazine.com, "She was wearing her ring and they looked cozy." But it took a lot for the couple to get to this point, for only three months after the engagement, Flajnik dumped Robertson and was soon after accused of cheating, being spotted with three females he later referred to as just "old friends." Hopefully that rough patch in their relationship is over, and they are able to move forward with their engagement.

How do you get your family and friends comfortable with your new relationship?

Cupid's Advice:

Starting a new relationship not only effects you, but also the people who care about you. Here are some tips on how to announce your relationship to family and friends:

1. Let your family and friends meet them first: It's probably a lot better if they have already met the person you are starting a new relationship with. If they know them, they most likely know that you like them and it won't be such a surprise.

2. Bring your new beau around more: If you start bringing your boyfriend to family events and out with your friends, it will help build the relationship and make it easier for them to accept the new person in your life.

3. Ask for their opinion: Be open and ask your friends and family what they think about your new romantic interest. It's important to know the opinions of the people you love. After all, they have your best interest in mind.

How did you first tell your family and friends you were in a new relationship? Share your stories below.