

Rumor: Is Drew Barrymore Fighting Morning Sickness?



Rumors are still flying around about whether Drew Barrymore is pregnant or not. Although Barrymore and fiancé, Will Kopelman, aren't commenting on the allegations, the *Big Miracle* actress has been dropping small hints that she may be expecting. Barrymore was photographed carrying a box of Premium Saltine Crackers to lunch in L.A. Could she be battling morning sickness? According to UsMagazine.com, a source confirmed that the couple are excited to welcome their new baby. It looks like "moms" the word ... for now.

How do you support your partner when pregnancy gets tough?

Cupid's Advice:

Pregnancy involves mood swings, morning sickness and physical changes. It's definitely hard, but it can be even harder if your partner has to go through it alone. Here are a few

things that you can do to support your partner when pregnancy gets difficult:

1. Healthy eating: Sometimes pregnancy cravings can cause moms to over eat and feel guilty afterwards. Eat healthy foods with your partner so that you both stay fit and feel amazing, inside and out.

2. Be understanding: Mood swings can cause arguments during pregnancy, but being understanding of the hard work your partner is undergoing emotionally and physically will ease the tension.

3. Become a massage therapist: Carrying around a growing baby isn't easy on the back, legs or feet. Invest in some lavender massage oils and lotions, and never wait for your partner to ask for a massage.

How would you help your soon-to-be mom through a tough pregnancy? Share your comments below.