

# Rumor: Is Snooki Engaged and Pregnant?



After the news broke that the possibly pregnant Nicole “Snooki” Polizzi was also engaged, photos surfaced of her engagement ring. According to [People](#), the ring was big and flashy and picked out by Snooki’s soon-to-be husband, Jionni LaValle. It’s not exactly the quietest way to break the news, but Snooki would have said “get another ring” if the stunner wasn’t up to par.

**What are some ways to break the news of a surprise pregnancy and engagement?**

## **Cupid’s Advice:**

Sometimes it can be difficult to let friends and family know about something unexpected in your life. Cupid shares some advice:

**1. Timing:** There’s no rush in letting people know the big

news. Make sure it's at a time in which everyone important to you is available and able to focus on the announcement of [a baby](#) or relationship change.

**2. Simplicity:** Keep it simple. Don't complicate things by making small talk or making up a reason as to why you may have gathered people together. Be prepared with what you're going to share, and be straightforward.

**3. Knowledge:** Think of questions friends and family may ask about the expected baby or engagement. Be prepared for possible bad reactions, but expect the best from the people you love.

**What are some ways to break big and surprising news? Share your ideas below.**