

# Sources Say Ashton Kutcher Visited Demi Moore



Though Ashton Kutcher has kept quiet about his split from estranged wife Demi Moore, his concern is apparent. The *Two and a Half Men* star, 34, visited Moore after her hospital stay, reports [People](#). Kutcher and Moore “are not getting back together,” said a source. “[He went because] he knew it was important to her daughters.”

**Is it OK to support an ex through a difficult time?**

## **Cupid's Advice:**

It's hard to see an ex struggling through a tough time without lending them a hand. Here are a few things to consider before

reaching out:

**1. Your status:** If you and your ex are good friends, then supporting will not be an issue. However, if your relationship is strained, you should let your ex's friends do the comforting.

**2. Their situation:** Why is your former love upset? If they're struggling due to relationship issues, especially issues concerning you, it may be best to remove yourself from the situation.

**3. Your intentions:** Before lending support, make sure that your intentions are clear. Make sure that your ex knows you have no intention of getting back together and that friendly concern is your only motivation.

**Have you ever helped an ex through a tough time? Feel free to leave a comment below.**