

Hilary Duff and Mike Comrie Get Mushy for the Cameras



Lizzie McGuire alum

Hilary Duff is loving her pregnancy— and has no problem telling her fans. McGuire, 24, tweeted a picture of herself with husband Mike Comrie, 31, reports UsMagazine.com. The photo shows a pregnant Duff holding her baby bump while kissing Comrie upside down. Duff thanked her fans for their support, tweeting, “Glad you guys like my new pic! Much love to all you guys.”

What are some ways to celebrate your pregnancy?

Cupid's Advice:

Though being pregnant is a reward in itself, it's important to celebrate such an important stage in your life. Here are a few ways to celebrate:

1. Take photos: Document your pregnancy by taking photos of

your growing belly every two weeks. After the baby is born, arrange the photos to show your pregnancy's progression.

2. Massage: Use your pregnancy as an excuse to pamper yourself. Get a pedicure, or go for a massage. The massage will help you relax, and it will soothe your aches and pains.

3. Prenatal yoga: Prenatal yoga is an excellent way to stay physically fit without putting too much stress on your body. Learning how to breathe correctly (an important part of yoga) will prepare you for the birth. It's also an opportunity to make friends with other pregnant women in the area.

How did you celebrate being pregnant? Feel free to leave a comment below.