

Marcia Gay Harden Files for Divorce After 15 Years



Marcia Gay Harden, best known for her roles *Pollock* and *Mystic River*, has filed for divorce after 15 years of marriage to husband, Thaddeus Scheel. According to [People](#), the Oscar winner has asked for privacy during this difficult time for the sake of their three children, 7½-year-old twins Hudson and Julitta Dee and a 13-year-old daughter, Eulala. A rep has released the following statement: “No further comments will be made on this matter, and we thank you for your understanding.”

What are some ways to regain independence after a long-term relationship?

Cupid's Advice:

Adjusting to life and your identity without a plus one after a longterm relationship can be very difficult. However, if you

don't let your marital status define you, it becomes a lot easier. Cupid has some tips:

1. Enjoy being single: Spend time letting loose and enjoying the fact that you are no longer tied down.

2. Join a dating site: You don't have to commit right away, but it can't hurt to shop around.

3. Take up a hobby: Healthy distractions serve as a great means to move on. Learn how to ski, or pick up some handiwork like knitting or crocheting.

Are long relationships more difficult to get over than short ones? Share your thoughts below.