

Civil Wars' Joy Williams Announces She's Pregnant



✘ It seems two trophies from the Grammy Awards isn't all The Civil Wars' Joy Williams has to celebrate these days. The singer-songwriter recently announced her pregnancy via Twitter. "Beyond elated to share that [husband] Nate [Yetton] and I are expecting our first child in late June!" she wrote. "My baby bump and I will see you on the red carpet." It hasn't been an easy pregnancy, though, according to UsMagazine.com. Williams struggled with "24-hour morning sickness for months" she shared, also via Twitter. Williams and her bandmate John Paul White won the Best Folk Album and Best Country Duo/Group trophies at the Grammy's.

How do you support your partner during a tough pregnancy?

Cupid's Advice:

Not all pregnancies involve a warm glow. In fact, some involve complications and sick feelings from the very beginning. Cupid has some ways to support your struggling partner:

1. Take over household chores: If your pregnant wife or girlfriend is the one who usually takes care of various household tasks, step up and take those over for her. She's carrying your child, so the least you can do is vacuum under the bed.

2. Learn prenatal massage: If you really want to go above and beyond, learn how to give a mean massage. Take a class or

read a book on how to use your hands to relieve some of your pregnant mate's stress.

3. Research: There is a lot of information out there about how to deal with pregnancy struggles. Take the initiative to read up on them, and apply your new found knowledge to help your partner.

What are other ways to help your partner with a tough pregnancy? Share your thoughts below.