

David Beckham Says Kids Are Competitive Like Him and Victoria



With parents like David and Victoria Beckham, it seems natural to say that Brooklyn, 12, Romeo, 9, and Cruz, 6, have been raised with a competitive spirit built in. “It would be easy for our kids to sit back and not work for anything, but they’re not like that,” David, 36, told [Men’s Health](#). “They’re as competitive as Victoria, 37, and me.” The couple plans to instill the same values into Harper Seven who was born in July 2011, according to [UsMagazine.com](#). “We’re very luck with our boys: They want to win. They want to work at something. They know their values. That’s the way we’ve brought them up so far, and that’s the way we’ll continue to bring them up,” said David. “Family is the most important thing to me.”

How do you teach your kids that being competitive can be a good thing?

Cupid’s Advice:

Instilling values in your children is important, and it has to be done early. Here are some tips on how to teach *healthy* competition:

1. It’s okay to lose: Teaching your child it is okay to lose is extremely important. Raising your child to win and always be right will be a huge disappointment when, someday, they are not chosen first for kickball at recess.

2. Life isn’t fair: Giving your kids everything they want will lead to them a lifetime of attitude. Showing your children

that they have to work toward goals and then accomplish them in order to receive a prize is key.

3. Sportsmanship: Knowing how to keep from being a sore loser is just as important as not being an over-the-top winner. Winning is exciting, but children should know it's not okay to rub their glory in their friends' faces.

How did you teach your kids that being competitive is a good thing? Share your stories below.