

Avril Lavigne and Brody Jenner Spend Time Together After Split



Sometimes it's hard to move on after a [breakup](#). Such is the case with Brody Jenner and [Avril Lavigne](#) who were seen hanging out together not even a month after their split. Often it can be hard for young couples to balance a career and a [relationship](#). Jenner and Lavigne split amicably after two years due to busy schedules, but according to [Usmagazine.com](#), "They still love each other and could get back together, but for now, he [Jenner] needed a break."

Is hanging out after a breakup advisable?

Cupid's Advice:

Sometimes it can be difficult to stop hanging out with someone after you've gone your separate ways. That said, is it a good idea to keep hanging out after the big split? Cupid has some advice:

1. Time: Sometimes it depends on how long you and your partner had been together before the breakup. If you had a lengthy relationship, it may be too difficult to avoid the old habits of the relationship, and you may need some [separation](#) before hanging out as friends.

2. How friendly: With some relationships, after the [split](#) all you can expect of each other is to remain civil. If you are expecting the relationship to be nearly identical to before the breakup, then you may be in for a rude awakening.

3. Ready to move on: You may only want to remain friends because you're hoping for a reunion of sorts. According to sources, many expect Jenner and Lavigne to get back together, which may make their hanging out [post-split](#) easier to manage.

Have you hung out with an ex after a break up? Share your experiences below.