

Jordin Sparks Supports Jason Derulo Through Neck Break Recovery



Injured R&B star Jason Derulo's downtime has become much more enjoyable. Derulo, who was nearly paralyzed after fracturing his neck during a tour rehearsal, has been recovering with the help of new girlfriend Jordin Sparks, reports [People](#). "I'm taking it one day at a time," said Derulo. "[Sparks] lives in Phoenix and she comes [to Miami] and takes care of me, brings me breakfast in bed and she'll go on walks with me. We've gotten closer because of my accident. It's awesome to have someone you can talk to and she's a wonderful person."

How do you support your sick or recovering partner?

Cupid's Advice:

Though having a sick partner can put a damper on date night, it's important to stay by your partner's side. Here are a few ways to support your partner:

1. Accompany them: Go with your partner to doctor appointments and therapy classes. Though time consuming, your partner will appreciate the company and bonding opportunity.

2. Kind gestures: Little gestures, like making your partner breakfast in bed, can improve your relationship. Even something as simple as decorating your partner's cast or organizing their medicine for the day can be sweet.

3. Brainstorm: Going out on the town with a sick partner is unlikely, so brainstorm some fun date ideas that you can enjoy at home. Being positive about changes in your relationship will strengthen your bond with your partner.

Have you ever had to support a sick partner? Feel free to leave a comment below.