

# 'X-Factor' Judge Simon Cowell Breaks Off 2-Year Engagement



At one point, he called her “the one,” and now *X-Factor* judge Simon Cowell has recently ended his two year relationship with his makeup artist fiancée Mezhgan Hussainy, according to [E! Online](#). “I have been pretty good about not talking about my private stuff, but I got caught up in the moment,” he said. “I don’t really know where I am at the moment, and that is why I don’t talk about it.” The British star, who was infamous for keeping his bachelor style of living private, announced his love in 2010, said he regrets his decision now, but he and Hussainy are still close.

**What are some reasons to refrain from getting married?**

**Cupid’s Advice:**

Marriage is a big commitment and needs to be carefully

evaluated, because sometimes things don't work out. Here are some reasons to refrain from tying the knot:

**1. Timing:** People can change from when you first get engaged to when you take the infamous walk down the aisle. If you notice you and your fiancé becoming distant, then it may be time to part ways.

**2. Sparks fade:** Sometimes you and your lover simply don't click anymore like you used to, and it could be caused by factors such as stress. As a couple, you should still feel a true spark even on your bad days.

**3. Lost yourself:** Like Simon Cowell, sometimes you lose who you are and where you want to be in a relationship. It can be difficult to be married to someone when you don't love yourself.

**What are some other reasons not to get married? Share your ideas below.**