

# Heidi Klum and Seal Confirm Separation



After almost seven years of marriage and four children, Heidi Klum and Seal are calling it quits. The *Project Runway* host and Grammy winner began dating in 2003, and became engaged in December of 2004.

As of January 2012, however, the supermodel is rumored to be filing for divorce from the singer claiming “irreconcilable differences,” according to [People](#). In a statement, Klum said, “While we have enjoyed seven very loving, loyal and happy years of marriage, after much soul-searching we have decided to separate. We have had the deepest respect for one another throughout our relationship and continue to love each other very much, but we have grown apart. This is an amicable process and protecting the well-being of our children remains our top priority, especially during this time of transition.

We thank our family, friends, and fans for their kind words of support. And for our children’s sake, we appreciate you respecting our privacy.”

## **How do you keep a split amicable when there are children involved?**

### **Cupid's Advice:**

Breaking up is difficult as it is, but when you bring children into the picture, it's even more taxing. Here are some ways to keep your split amicable for the sake of your kids:

**1. Be fair:** Although you and your ex-husband may be upset with one another due to a divorce, remember that they most likely love your children as much as you do. You also have to remember that the children deserve and love both parents as well, so be fair to your ex and the kids.

**2. Win-win outlook:** You need to discuss and plan together with a positive attitude instead of an *I win, you lose* motive. The split is going to be hard on both you and your kids, so don't make it worse for the kids by using them as leverage.

**3. Pay attention:** Your feelings aren't the only ones involved. Don't be selfish, and sit down as a family to discuss the situation. Let everyone take a turn talking about how they feel and what they want, and then later make the executive decisions with your ex. Your children will appreciate being involved in the choices you're making for them.

**What are some other ways to keep a break-up amicable? Share your thoughts below.**