

Rumor: Are Heidi Klum and Seal Getting a Divorce?



Though they are both still wearing their wedding bands, rumors are flying around Hollywood that Heidi Klum and Seal are headed for a split. According to [People](#), distance has been the major issue within this rocky patch in the marriage. Seal has been away a lot lately promoting his new album, *Soul 2*, which has put a strain on the couple. However, now that the two have reunited, they seem to be doing a lot better.

What do you do if you notice the fighting in your relationship is increasing?

Cupid's Advice:

All relationships have their highs and lows. When fighting

increases, don't be afraid to ask for help, look within yourself or change your surroundings:

1. Couples therapy: Lots of couples have gotten through their troubles by bringing in an involved third party professional, such as a therapist, to talk out your problems with.

2. Look within yourself: You may not be able to change the actions of others, but you certainly can change your own. Reevaluate yourself to see if there is something you're doing to cause distance between you and your partner.

3. Talk it out: Problems are solved by talking, not by yelling.

What amount of fighting is too much in a relationship? Share your thoughts below.