

# Kelsey Grammer and Wife Expecting Twins



It looks as though Kelsey Grammer has even more to celebrate than his recent win at the Golden Globes. Grammer and his wife, Kayte Walsh, are expecting twins! “I’m really looking forward to meeting these new arrivals,” Grammer announced the news to reporters backstage at the Golden Globes Awards after winning the award for Best Actor in a TV Drama. “Fatherhood’s always different based on the character that comes into your life. They arrive and tell you what you have to do,” he said. The actor, who plays a powerful Chicago mayor on Starz’s *Boss*, is especially excited to welcome the new additions to the world with the person whom he adores. “[Kayte is] extraordinary,” Grammer said. “She’s one of the most loving, amazing, warm human beings I’ve ever met...and I think she’ll blow [the kids] away.”

**How do you prepare for twins versus a single child?**

## **Cupid's Advice:**

Having twins can be double the blessing and a wonderful experience, especially when you're ready for them. Here are a few tips to help make things a bit easier when you're prepping for two instead of one:

**1. Get started early:** Think of how much time you have to run errands when you have one child- then, divide it by two, Don't procrastinate on putting together the swing sets and setting up the nursery, as you won't have time when the babies are born. Do you want one crib with a divider or two cribs? Planning early allows you time to make changes and gives you the opportunity to do things one at a time without having to frantically rush through the process.

**2. Budget for two more:** Having twins, especially when they're your first children, can put a major dent in your bank account. You have to buy two car seats, two sets of clothes and two cribs. So, buying in bulk can save you a lot more money and time, causing you to shop less. Also, to save some extra cash, purchase some things your babies will need such as shoes or clothes, at thrift stores and garage sales.

**3. Relax.** It's easier said than done to relax when you're expecting, but it's so important. It's necessary to get a lot of rest and relaxation during pregnancy because when the due date comes, you won't have nearly as much time as you did before. Read books, go for walks, meditate and do yoga- anything that will calm your mind and give you a little "me" time before the big day.

**What are some other ways you prepared for the birth of your children? Share your suggestions and experiences below.**