

'American Idol' Alum Brooke White Is Expecting Her First Child



Brooke White, who made her performing debut as a finalist on season 7 of *American Idol*, is expecting her first child in May with husband, Dave Ray. “By the time the baby’s born, we’ll have been married eight years. I met Dave when I was 19 years old – we’ve been together a really long time, and we’ve always wanted to be parents,” White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

How do you prepare your relationship for a child?

Cupid’s Advice:

Having your first child is one of the most exciting and scary experiences you'll have in your life. Here are some ways to embrace it:

1. Enjoy your alone time (while you still can): Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is born.

2. Decide on how the child will be raised: Prior to bringing a baby into the world, you need to make important decisions about issues such as what religion you will be raising your child with and what school they will attend.

3. Baby proof your home: Getting your home ready for a new baby can be a great bonding experience for you as a couple. It's a form of "nesting."

What are some other things to prepare for before having a child? Share your thoughts below.