

Angelina Jolie On Brad Pitt: We Have Each Other's Backs



With six kids at home and the paparazzi waiting outside, Brad Pitt and Angelina Jolie depend on each other more than ever. The 35-year-old *Salt* actress tells [People](#) in last week's issue, "We have each other's backs." This can come in handy when the kids are fighting.

How can you make co-parenting more effective?

Cupid's Advice:

Parenting is a difficult job, but if you share the responsibilities equally with your partner, it will be a lot less challenging.

- 1. Power struggle:** A major parenting problem is who's going to play the bad guy, but neither of you have to play that role. Establish a balance of power by agreeing to issues before they happen. One rule is to never undermine your spouse in front of your kids.
- 2. Ask for help:** Don't take things out on your partner if you're having a hard time with the children. Instead, tell him or her what you're struggling with, and ask for their help and input. Your spouse is more likely to be there for you when their opinions are being accounted for.
- 3. Savor the moments:** Keep in mind that your children learn by watching you, so don't let parenting be a burden that makes you irritable and angry towards your partner or others. Set aside some time for R&R each day or week to enjoy each other's company.