

Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating



Shiri Appleby, 33, made us fall in love with her when she was on the hit alien show, *Roswell*. Now she is teaching us how to fall in love with ourselves before finding the right partner. Staying true to her acting roots, Appleby will be starring in a new web series, *Dating Rules For My Future Self*. Appleby's character works up the courage to not marry her boyfriend after receiving a text message from her future self. Through dating, she finds what makes her happy in a relationship and as a single gal, according to [YourTango](#). We definitely look forward to taking dating advice from this girl, who has been in a happy one year relationship.

How do you take control of your love life?

Cupid's Advice:

Being in a relationship is a 50/50 commitment, but that doesn't mean that you have to lose control of who you are.

When dating, you have to be able to have the courage to say "no" to what you don't want and say "yes" to new experiences:

1. Date on your terms: Date when you're ready, and date who you want to. Don't necessarily rule out blind dates, but don't force yourself to look for love where it isn't a chance of it happening.

2. Know when to say "no": Sometimes we get comfortable with a partner and are scared to let go when we feel that the relationship is not going right. If you're not happy, the relationship will fail.

3. Say "yes": Don't turn down the chance to go on a date with someone you probably wouldn't have thought of getting to know. If you're in a relationship, don't be afraid to say "yes" to trying new things to keep your love life fresh.

How do you take control of your love life? Share your thoughts below.