

Chaz Bono and Jennifer Elia Break Off Their Engagement

Despite news of their engagement earlier this year, Chaz Bono and his fiancée Jennifer Elia are no longer engaged or even together. Nevertheless, they appear to be amicable towards one another. According to [People](#), “They leave this relationship with great love, respect and affection towards one another,” and they ask that everyone “respect their privacy at this time.” Bono himself tweeted that he appreciated the fans concern and was doing “just fine” while remaining on “good terms” with his ex.

What are some ways to stay amicable after a split?

Cupid’s Advice:

After a breakup, there are no doubt hurt feelings that can often times turn into drama. Here are some ways to keep your split amicable:

- 1. Give each other space:** Allow your feelings a chance to solidify after the split. Give each other time and space before making any moves to continue a friendship.
- 2. Talk it out:** Does your ex *want* to be friends with you after the break up? Talk about why you want to be friends with your ex. Articulate reasons for continuing a relationship after the breakup. You may end up deciding it’s not a good idea after all.
- 3. Be there for each other:** Spend time with each other, but not too much time. Be sure that you don’t fall into the old habits of your relationship, because that could become sticky territory.

What are some ways you stay amicable with an ex? Share your ideas below.