

Kobe Bryant's Wife Files for Divorce



NBA star Kobe Bryant is heading towards divorce, reports [People](#). Vanessa Laine, Bryant's wife of 10 years, filed for divorce on Friday, citing irreconcilable differences. Laine is also seeking spousal support and shared custody of daughters Natalia, 8, and Gianna, 5. Bryant's marriage was also tried in 2003, when he was accused of allegedly raping a 19-year-old hotel employee in Colorado. "I sit here in front of you guys, furious at myself, disgusted at myself for making the mistake of adultery," said Bryant at a press conference that year. "And I love my wife with all my heart."

What are some ways to regain trust in your relationship after a betrayal?

Cupid's Advice:

Betrayal shakes up a relationship, but it's possible to get back on track. Here are a few ways to regain trust after a betrayal:

1. Spend time together: In order to rebuild trust in your relationship, you'll have to put in more effort than you usually do. Go on vacation or play hooky and spend the day at a park to get some quality time together.

2. Get counseling: If you feel that your relationship is troubled, but ultimately worth fixing, try counseling. It's expensive, but it could save your relationship.

3. Give it time: Sometimes the best medicine is time. After a while, the betrayal will fade and your trust in your partner will gradually return.

Have you ever been betrayed in a relationship? Feel free to leave a comment below.