

Former 'Idol' Fantasia Barrino Has a Baby Boy



Fantasia Barrino, *American Idol*'s season three winner, gave birth to a baby boy on Tuesday. According to [People](#), Dallas Xavier Barrino was born in North Carolina at 7 lbs., 9 oz. and was 21 inches long. Dallas joins his big sister Zion, 10. Barrino does not comment on the father of her children, although she has been seen with Antwaun Cook since summer 2010. "I feel so blessed that my son Dallas Xavier was born healthy, and is a wonderful new addition to our family," said the singer. "I thank all my fans for their well wishes and continued support."

How do you introduce a new baby to an older child at home?

Cupid's Advice:

It's not always a smooth transition when you bring a new baby home to introduce to existing children. Cupid has some tips:

1. Let your older child help prep for the new baby: When decorating the new baby's room, let your older child help prepare. Even if they are just choosing a few stuffed animals and some of their old favorite toys, it is still nice for them to feel included in all of the changes.

2. Make your older child feel special: Do something to celebrate your older child becoming the big sister or big brother. Making cupcakes is a fun idea and your older child can take part in the decorating process. A big sister/big brother t-shirt may also ease your older child into the excitement of their new role.

3. Have gifts for the new siblings: Have your older child pick out a gift for their new sibling and buy a gift from the baby to their new big brother or sister, too. They'll no doubt love each other immediately.

How did you introduce your new baby to an older child? Share your stories below.