

Lo Bosworth Is Taking It Slow with Boyfriend Scott Hochstadt



Looks like things are moving in the right direction for *The Hills*' Lo Bosworth and Scott Hochstadt. On Tuesday's series finale of the MTV reality show, Bosworth's beau hinted at a proposal in the future, and she agreed to move in with him. Bosworth told [Us Magazine](#), "I think he is The One." She also said that as far as living together, "we are transitioning slowly but surely."

Should you take things slow, even if you think you've found "The One?"

Cupid's Advice:

It's wise to give yourself time before taking the plunge. Here's Cupid's advice to make sure you're headed in the right direction:

1. Define slow: It's hard to nail down "taking it slow" to a specific amount of time. Therefore, talk to your partner, and map out how you both see things progressing. Set goals so neither one of you are disappointed if the relationship isn't moving fast enough.

2. Consider cohabitation: What better way to get to know someone than to live with them. While many people are opposed to living together before marriage, it could be something to consider if you're both confident it will lead to a better future.

3. If it's right, it's right: Sometimes couples will take it slow because they are afraid to jump to the next step. You'll know when the time is right, and that fear will disappear. Don't be afraid to move things along.