

Hulk Hogan Sues Ex-Wife for Defamation

Hulk and Linda Hogan, who already claim one of the messiest divorces in Hollywood history, will soon be meeting in court once again. According to [RadarOnline](#), Hulk Hogan, whose real name is Terry Bollea, recently filed a defamation law suit against his ex, Linda, over allegations made in her book *Wrestling the Hulk – My Life Against the Velvet Ropes*. “He’s being accused of all sorts of vile conduct that he did not commit,” said an attorney of Hulk. Linda is claiming that she feared ending up dead like Nicole Brown Simpson and that Hulk had a homosexual relationship with another pro-wrestler. Hulk and his legal team are claiming these allegations are false and are ruining his reputation. Linda recently received \$7.4 million along with houses and a car in their divorce settlement.

What do you do if your ex starts bashing you behind your back?

Cupid’s Advice:

Bashing your ex behind their back is about as about as low as you can go. The best you can do is ignore it and refrain from adding to the furry:

- 1. Take yourself out of the situation:** If the gossip is so bad that you can’t just ignore it, get out of town for a while or try to be in a place void of your ex.
- 2. Don’t add fuel to the fire:** The worst action you can take is to contact your ex and let them know how upset you are. It will just make matters worse and give them the satisfaction of knowing that they got to you.

3. Move on: Don't let the rumors and the hate stop you from moving on with your life and finding someone new.

What would you tell a friend if they were being trashed by their ex? Share your stories below.