

# Britney Spears Spends 30th Birthday Ice Skating With Jason Trawick



Britney Spears celebrated her 30th birthday on the ice, reports [UsMagazine.com](http://UsMagazine.com). The singer and her boyfriend, Jason Trawick, took a break from Spears' South American tour and went ice skating at a rink in Houston. Spears and Trawick started working together five years ago and started dating in 2009. "Jason is just amazing with [son Jayden and Sean]," said Spears. "They look up to him so much – they adore him. He's their hero."

**What are some ways to make your partner's birthday special?**

## **Cupid's Advice:**

Birthdays can be especially memorable when they're spent with a partner. Here are a few ways to make your partner's birthday special:

**1. Throw a party:** If your partner is outgoing and social, throwing a party is a great way to make their birthday memorable. A surprise party could be even more exciting.

**2. Invite their friends:** Even though the two of you may share many mutual friends, your partner will be ecstatic if their friends are invited. Plus, it's a thoughtful gesture.

**3. Plan some alone time:** If you and your partner spend the day with friends and family, remember to set aside some alone time after the day's events. Your mate will finally be able to relax after a day of activity.

**Have you done anything special for your partner's birthday? Feel free to share in a comment below.**