

# Kourtney Kardashian Announces She's Pregnant



*Keeping up with the Kardashians* just got a little more interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told [UsMagazine](#). "You're supposed to wait 12 weeks to tell people, but I feel confident." The couple's first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

**Why do women wait 12 weeks before announcing their pregnancy?**

## **Cupid's Advice:**

**1. Risks:** The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

**2. Emotions:** You're going to feel a lot of different emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.

**3. Time to settle:** You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

**How did you announce your pregnancy? Share your comments below.**