

Date Idea: Dare to Romance



By Amanda Martin

Let go of your inhibitions this weekend and do something daring with your other half. Why not face your fears together? Experiencing a riveting, heart-thumping activity with your partner is a perfect way to bond, especially when you're holding onto each other for dear life.

For truly brave couples, get off the ground and go sky diving. Many companies will videotape the whole experience, and although it's an added fee, it's worth the memory. While the actual jump may seem like too short of a date, you'll be taking your romance to new altitudes.

If jumping out of a plane at 13,000 feet in the air, plummeting to the ground at Mach speeds isn't for you, try

something closer to the ground. Indoor rock climbing is a fun, gutsy activity that requires a couples effort. For anyone who's new to the sport, most venues that provide rock climbing offer lessons for beginners. When you're ready to climb up the wall, have your partner remain on the ground and hold your rope. This will be the ultimate trust building experience since they're responsible to catch you if you fall.

Whatever it is that you choose to do, get out of your comfort zone and be there for each other in the process.

What's your idea of an adventurous weekend activity for two? Let us know in the comments below.