

Beyonce Was Worried Pregnancy Secret Would Be Revealed Prematurely



Beyonce has always been a private person under a public microscope. That's why, when she revealed her baby bump at the 2011 Grammy Awards, Facebook and Twitter were on fire. How long was she pregnant before popping the news to her fans? [Access Hollywood](#) said that Beyonce was hiding her pregnancy since her four-night Roseland Theater performances. While on stage, the mom to be said she was thinking, "Everyone knows, everyone can see." Beyonce, we speak for all your fans when we say: We had no idea!

How do you keep your pregnancy a secret at the beginning?

Cupid's Advice:

Finding the right time to tell everyone about your pregnancy can be difficult. Many women wait until they have gotten past the first trimester and others blurt it out as soon as they find out. But just in case you were thinking about holding your tongue, Cupid has some tips:

1. Keep the changes to yourself: You may start to feel extra bloated and moody. Keep those feelings at bay and don't speak to others about it. People will start to get suspicious. Play it cool.

2. Try not to shop: Baby clothes are so cute, and it's hard to say "no" once you know that you're expecting. Be strong, and don't let a trail of baby clothes give you away.

3. Tell one person: It's hard to keep such a big secret. Tell one person that you trust, and ask them not to tell. Getting it off your chest will keep you from being stressed.

How did you hide your pregnancy? Share your experiences below.