

Kelly Osbourne Parties After Breakup



Hello Sin City! The newly single Kelly Osbourne hit up Las Vegas and partied with friends last week after her recent breakup with British model Luke Worrall. Osbourne spent Thursday night celebrating best friend Blake Wood's birthday. "She seemed really happy and not phased by the breakup," a source who saw her that night told [People](#). The 25-year-old and her friends did lemon drop shots and danced the night away at Haze Nightclub after a lobster, crab, and steak dinner at Union Restaurant.

How can you bounce back after a breakup?

Cupid's Advice:

Finding out he wasn't your Prince Charming can be tough. Here are some of Cupid's ways to speed up the process:

- 1. Take the high road:** Don't spread rumors or make negative comments about your ex behind his back. Remember, there was something about that person that made you fall head over heels for him or her at one point.
- 2. Get your mind off the bad things:** Keep yourself preoccupied with work or hobbies to keep busy mentally. This will help you focus on the important stuff.
- 3. Channel your energy:** Take whatever feelings of resentment or revenge you may have for your ex, and use it towards something productive, like exercising or staying in shape.