

# Tori Spelling Calls Dean McDermott Her Soul Mate

What do you get a man who has everything as a birthday gift? For Dean McDermott's birthday, wife, Tori Spelling, posted a love letter to him on her website where she called McDermott her soul mate. "I would dream of you for so long," Spelling wrote. "So many represented you. My dad. Every Ken doll I ever played with. Every prince in every Disney cartoon. The lead character in every John Hughes film. Not one guy I ever dated. And, then you became a reality." According to [People](#), the two who wed in 2006 just welcomed their third child, Hattie.

**What are some signs that your partner is "the one"?**

## **Cupid's Advice:**

Everyone is looking for "the one." So when you find him or her, hold onto them. Here are some signs that "the one" may be right in front of you:

- 1. You dream of them:** When you've found your soul mate, you spend your days daydreaming about them and your nights unable to sleep because you're so excited to be with them.
- 2. You can't stop smiling:** Those in love are all smiles. When you find "the one", you may find yourself smiling at inappropriate times because you just can't contain your happiness.
- 3. They dream of you:** If they spend as a much time dreaming, thinking, and smiling about you, they are "the one."

**How do you tell your partner that you think they're the one?**

**Share your ideas below.**