

Connie Britton Adopts a Son from Ethiopia



Connie Britton, star of the new hit series, *American Horror Story* is the proud new mom of a baby boy from Ethiopia. Britton finally got to bring nine-month-old Eyob home after a three-year- long adoption process. According to [People](#), the 44-year-old actress is happy for motherhood and says that her son has completed her.

What are some ways to bond with an adopted child?

Cupid's Advice:

When you adopt a child, bonding can be difficult. Here are some tips for you and your child to become comfortable with each other. Bonding takes time, but with love, it will happen sooner than later:

1. Teach and learn: If your child is from a different

background than you, take time to explore their culture together. A trip to a museum, library, or restaurant when they're older will bring you closer.

2. Interact with your baby: You are not the child's biological parent, so eye contact during feedings are important to your baby getting to know you and creating a bond stronger than any biological relationship. Try a baby massage class to learn the value of touch.

3. Interact with your older child: Older children take a little more time to bond with, but the techniques are the same. Love, conversation, eye contact, touch and honesty will do the trick. Remember that growing close takes time.

How did you bond with your adopted child? Share your experiences below.