

# Michelle Duggar Admits That Lots of Kids Aren't for Everyone



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f you thought reality TV's largest family couldn't get any bigger, you thought wrong. The Duggars, stars of TLC's *19 Kids and Counting* are expecting another addition to their humongous brood. Following the birth of pre-mature Josie, Michelle Duggar has been taking extreme precautions with this latest pregnancy. "I have been getting counseled from a high-risk pregnancy doctor in Little Rock and taking good care of myself," she tells [People](#). Despite the media's shock, the couple is excited to welcome their 20th child. "We know that having this kids isn't for everyone, but we are open to receive whatever gifts God wants us to have." Guess we'll see

how this pregnancy pans out on the next season of *19 (or 20?) Kids and Counting*.

**How do you know how many kids will work best for you?**

**Cupid's Advice:**

It's important to discuss with your partner how many kids you're interested in having before starting a family. As your relationship progresses along with work and other things, you'll know how many children you can handle:

**1. Babysit:** Of course one of the best ways to see how many children you'd want to have is to babysit. Offer to help out with a friend's kids for a weekend just to get some insight into the ups and down of raising a family.

**2. Know:** Know how many kids you and your partner want before having children. Kids need constant attention, so you need to be able to provide financial and emotional support for them.

**3. Decide if you're ready:** A lot of couples plan for a specific time in their relationship to have children for different reasons. Talk to your significant other and see if you're even ready at this moment in time for kids.

**How do you know how many kids will work for you? Tell us below.**