

Rebound: Elisabetta Canalis Is Dating Mehcad Brooks

✖ Elisabetta Canalis is already moving on. The former Italian TV personality, who dated George Clooney for two years until their split last June, is now in a new relationship with *True Blood* star Mehcad Brooks, reports UsMagazine.com. “They started seeing each other after she left *Dancing with the Stars*,” said a source. “She already refers to him as her boyfriend. They’re really cute.”

How do you know if your new relationship is a rebound?

Cupid’s Advice:

It’s easy to enter a new relationship before you have recovered from a past breakup. Here are a few ways to tell if you’re in a rebound relationship:

- 1. You think about your ex:** If you find yourself frequently thinking about your ex instead of your new partner, you probably still have feelings for your former partner.
- 2. You compare your relationships:** If you find yourself comparing your current partner to your ex, you need to rethink the relationship. Let your partner be their own person, and don’t compare them to your ex.
- 3. You don’t see a future:** If you’re in a serious relationship, try visualizing a future with your partner. Until you can picture a future with your partner, you will never be completely over your ex.

Have you ever been in a rebound relationship? Feel free to leave a comment below.